

BREAKFAST MENU

(free coffee or tea)

English Breakfast £14.50

(pork sausage, bacon, free range eggs, hash brown, black pudding, mushroom, tomato and baked beans) (E, W,)

Veggie Breakfast £13.95

(halloumi, hash browns, mushrooms, tomato, baked beans, eggs) (W,D, E)

Beachside Eggs Royale £14.50

(ciabatta, poached eggs, smoked salmon, hollandaise ,chives, rocket) (W, E, F, D, MS)

The Wave Eggs Benedict £13.95

(ciabatta, poached eggs, bacon, hollandaise, chives, rocket) (W, E, D, MS)

Bacon and eggs ciabatta £13.95

(ciabatta, fried eggs, bacon, salad) (W, E,MS)

The Wave Omelette £12.95

(omelette with mushrooms, bacon and cheese) (E, D, W)

If you have an allergy or dietary requirements you **MUST** inform the manager who will assist you with your food order.

ALLERGY KEY CHART: Contains Wheat (W), Dairy (D), Peanuts (P), Shellfish (S), Eggs (E), Fish (F), Sulphites (SL), Molluscs (M), Mustard (MS), Chilli (CH), Sesame Seeds (SS), Soy (SOY), Nuts (N), Celery (C), Lupines (L)

Appetisers

Garlic ciabatta £5.95

Garlic ciabatta with cheese £6.95

Garlic ciabatta with cheese and chorizo £6.95

Starters

Crispy chilli beef £12.95

(chilli & ginger marinated fried beef, Asian slaw, sesame seeds) (W, E, SOY)

Tempura King prawns £12.95

(spicy mayo, rocket salad, lemon) (W, S, E, MS)

Warm Goat Cheese Salad £10.95

(mix salad, pear, walnut, balsamic glaze) (MS, N)

Spicy Pork Bon Bon £12.50

(apple salad, rocket, sriracha, French dressing) (W, MS)

Crispy Squid Chunks £12.50

(Asian slaw salad, garlic mayo, lemon) (W, SOY, SS, S, MS)

Vegetable Gyoza £10.95

(gluten free vegetable & soy gyoza, sweet chilli dip) (W, SOY,)

Greek Vegan Salad £11.95

(mix salad, seeds, olives, cucumber, tomato, balsamic) (MS, SOY,SS)

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Main Courses

Panko Chicken Burger / Halloumi Burger / Beef Burger £17/£16/£18

(skinny fries, caramelised onion, baby gem, gherkins, mayo) (W,E)

Chicken Katsu Curry or Vegetables Curry £19/ £18

(katsu curry sauce, vegetables, teriyaki sauce) (W,E,SOY,SS)

King Prawns & Squid salad £22

(Asian slaw salad, lemon soy dressing) (SOY,SS,W,E)

Seafood Linguine £24

(spring onion, sweet drop pepper, garlic, ginger & parmesan)(W,D)

Local Sea Bream £24

(seasonal vegetables, backed potato, saffron lobster sauce) (F,S,D)

The Wave Fish & Chips £19.95

(battered Cod, mashed peas, tartar sauce, lemon) (W,F)

Pork Belly Roll £22

(slaw cooked pork belly, smashed potato, mix vegetables, rich gravy) (W,D)

Chicken Schnitzel £18

(panko chicken, fries, rocket salad and parmesan, caper butter sauce) (W,D)

Aged Irish Ribeye Steak £29.95

(grill ribeye served with fries, mushroom, tomato, pepper sauce) (D,W)

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Kids Menu

Kids burger and fries £8.95

Kids chicken nuggets and fries £8.95

Kids fish fingers and fries £8.95

Kids Cheese Pasta £8.95

Desserts

Chocolate & Hazelnut Churros (W,D,N) £9.95

Walnut chocolate brownie (vegan) (N) £9.95

French Pancakes & honey (vegan) £9.95

Selection of French & English cheeses £13.95

Side Orders

Fresh Local Loaded Fries Small £6 / Large £9
(choose: spicy, cheese or bacon) (D)

French Fries £4.90

Onion rings (W,E) £4.90

Mix salad (MS) £4.90

Jasmine rice £4.90

Asian slaw salad (SOY, SS) £4.90

Sauces

Sweet chilli £1

Garlic mayo (D) £1

Spicy mayo (D) £1

Pepper sauce (D,W) £1

Sriracha £1

BBQ £1

Hot Buffalo £1

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